

TITLE	Suicide Prevention Strategy
FOR CONSIDERATION BY	Wokingham Borough Wellbeing Board on 8 December 2022
WARD	None Specific
DIRECTOR/ KEY OFFICER	Professor Tracy Daszkiewicz, Director Public Health

Health and Wellbeing Strategy priority/priorities most progressed through the report	<p>Suicide touches all aspects health and wellbeing and the impacts on individuals, families and communities are devastating. 1 in 100 deaths worldwide is by Suicide. The Suicide Prevention Strategy will deliver across the priorities of the Berkshire West Health and Wellbeing Strategy;</p> <ul style="list-style-type: none"> • Reduce the differences in health between different groups of people We know suicide disproportionately affects people in certain jobs or professions, we also know that age and gender play a part in risk factors. • Support individuals at high risk of bad health outcomes to live healthy lives Understanding the patterns of suicide and who is most at risk and when harm is most likely to occur, we can build prevention and early intervention strategies with partners to mitigate risk. • Help children and families in early years • Promote good mental health and wellbeing for all children and young people • Promote good mental health and wellbeing for all adults For priorities 3-5 we need to understand better how risk occurs. Only 28% of people who die by suicide are known to services, we therefore need to work with schools and employers to recognise early signs of people needing support and have services in place to signpost people to.
Key outcomes achieved against the Strategy priority/priorities	This will be developed alongside the action plan.

Reason for consideration by Wokingham Borough Wellbeing Board	1.1 This report is to provide the Wokingham Health and Wellbeing Board with an update on the Suicide Prevention Strategy. This document had previously been finalised in the Autumn of 2021 but had not been presented at the H&WB Board and therefore not signed off. Following a review of the original
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	<p>strategy and changes in policy, further work is underway to update this. The development of a local Suicide Prevention strategy is to deliver the ambition of the national suicide prevention strategy; Preventing suicide in England: A Cross Government Outcomes Strategy to Save Lives.</p> <p>1.2 To gain the Boards approval for the additional work on the strategy and endorsement for the timeframe to make the amendments to the existing strategy, and to agree to putting in place a principles document to ensure work continues to deliver this agenda and can be monitored whilst the amendments are made.</p>
What (if any) public engagement has been carried out?	None to date, however part of the proposal here is to have a summit late Autumn to launch the consultation event for the new strategy.
State the financial implications of the decision	<p>None at this stage, the Summit costs will be met across the Partnership and will be online to limit costs.</p> <p>A resulting action plan may incur financial implications, but this is unlikely to result on additional costs to the system. Anything identified will be set out in a costings document of the final strategy and action plan.</p>

RECOMMENDATION

- 1) The Health and Wellbeing Board are requested to note the update provided and discuss the implications for local works flowing from the report and, in particular progress toward refreshing the Strategy (See section 4), The Local Data and Trends summary (See section 4.2), The Health and Social Care Act 2022 and BOB Integrated Care System (See section 4.3), Learning from the Pandemic and the Current Economic Context (See section 4.4), The New NICE Guidance NG225 (See section 4.5), The Pan Berkshire Suicide Prevention Summit (See section 4.6), The Cube Model Framework resource (See section 4.7) and potential Membership of the NPSA (See section 4.10).
- 2) The Health and Wellbeing Board are requested to accept the following proposed submissions following on from the Summit referenced in Section 4.

- A summary of outputs from the SP Summit and updated draft of the Strategy by December 2022
- A summary of the Cube resource and consultation copy for review by December 2022.
- An outline of potential member and executive officer facing briefing materials for the HWB by January 2023
- A summary of the NPSA membership advantages and potential local benefits by January 2023.

SUMMARY OF REPORT

- 1.1 This report is to provide the Wokingham Health and Wellbeing Board with an update on the Pan Berkshire Suicide Prevention Strategy (the Strategy) and local works, following on from the report presented on the 1st September 2022. This report is presented to give the Wokingham Health and Wellbeing Board assurance that works are progressing to develop and refine the development of the Strategy and supporting local action planning and delivery. Alongside this this update presents an update on several central changes, challenges and opportunities flowing from the National Suicide Prevention Agenda, and the regional and local works under way to address these.
- 1.2 **Trigger Warning:** Given the sensitivity of the issues raised by the SP agenda please note that the following report contains a discussion of deaths from suicide and may be distressing to the reader.¹

Analysis of Issues, including any financial implications

As stated above.

Partner Implications

Partners form the Suicide Prevention Partnership; this forum is set up to share information and real time case data to ensure the strategy is developed using clear risk assessment and harm reduction methodology.

Reasons for considering the report in Part 2

List of Background Papers

none

Contact Tracy Daszkiewicz

Service Public Health

¹ Distressed readers should reach out for support to people in their lives who they can discuss this with or seek support via [Get mental health help - NHS 111](#) or local Voluntary and Community Services including the [Samaritans](#) or [Amparo](#)

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